



Volume 2008
Issue 10

November 19, 2008

Special points of interest:

Blue shirt for monthly meetings and for events-

Summer

November Meeting

Wednesday 11/19/08

Promptly 6:30PM

November Board Meeting

Wednesday, 11/12/2008

6:00 PM

December Meeting

Wednesday, 12/17/2008

Promptly 6:30 PM

UPCOMING EVENTS

See back of Newsletter

Or Event Calendar

westallispolicereserve.com

Reserve Newsletter

Message from Sgt. Hughes

November Membership Meeting Program

During the November Membership Meeting Sgt. Hughes will be doing a CPR refresher.

American Heart Association CPR/AED

Authorized Provider
of CPR and ECC Courses

American Heart
Association
Learn and Live™

Key Points to CPR/AED:

- 1 - Basic life support is now emphasized over pulse checks.
- 2 - "Push hard and fast" at a rate of about 100 compressions per minute.
- 3 - Compression-to-ventilation of 30:2 for all victims from infants through adults.
- 4 - Rescue breaths last 1 second and cause the chest to rise.
- 5 - For defibrillation, guidelines recommend 1 shock followed by immediate CPR with chest compressions.
- 6 - The new guidelines recommend the use of automated external defibrillators for all children age 1 year or older.

Comment: AHA recommendations, which are based on the strongest evidence available, should be incorporated rapidly into practice.

An excerpt from: <http://cardiology.jwatch.org/cgi/content/full/2006/126/1>

UPCOMING EVENTS

Please see the signup sheets at the meeting for all events.

Thank you for signing up and working the events. Your help is very appreciated. *Capt. Rose Jensen*

Minutes of October 2008 Meeting

Pledge of Allegiance

Treasurer's Report: Lt. Koebel,

Sunshine Report: Lt. Koebel – All is doing well. Happy Birthday, Capt. Jensen.

Crime Prevention: Lt. Peterson reported that the Newsletters would be assembled October 23 at 6PM. and ready on Friday morning.

Shooting League, Lt. Peterson- reports that they are in session and there is ammunition.

Clothing & Training, Lt. Bieniewski

Business:

Cpl. Wilson donated \$8 for the 50-50 raffle. Lt. Bob Barth and Jennifer won a drawing to ride in the van for the Christmas Parade. Squad 5 and Roger Tiarks were recognized for most hours for the third quarter. Forks n Corks sent \$50 for appreciation for our service. 17 people were present.

Meeting was adjourned at 7:20 P. M.

Respectfully Submitted,

Sgt. Carol Wiedenhoef